



Family Resource Guide

2025

Fairfield/Bridgeport/Stratford

Made *by* [Jewish Family Services of Greenwich](#)

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The Black Rock Food Pantry

Bridgeport Residents

Hours of Operation:

- **Saturday:** 9:00 AM - 11:00 AM

Important Information:

- **Call to schedule:** 203-724-9111
- **Location:** 2676 Fairfield Ave., Bridgeport, CT 06605
- **Website:** [Black Rock Food Pantry](#)
- **Must bring valid ID and be a resident of 06605**



The Black Rock Food Pantry

Helping neighbors, helping our neighborhood.



Bridgeport Rescue Mission

Fairfield/Bridgeport/Stratford Residents

Hours of Operation:

Monday, Wednesday, and Friday: 10:00 AM – 12:00 PM

1:00 PM – 3:00 PM

- **Soup Kitchen:**

Breakfast: Monday, Wednesday, and Friday: 9:30 AM – 10:30 AM

Lunch: Tuesday and Thursday: 2:00 PM – 3:00 PM

- **Important Information:**

Call for more details: 203-333-4087

Location: 1088 Fairfield Avenue,
Bridgeport, CT, 06605

- **Website:** [Bridgeport Rescue Mission](https://www.bridgeportrescuemission.org)



Feed the People Food Pantry

Fairfield/Bridgeport/Stratford Residents

Hours of Operation:

Tuesday: 5:00 PM – 6:30 PM

- **Important Information:**
Call for more details: 203-258-5403
Location: 301 Bostwick Avenue,
Bridgeport, CT, 06605
- **Website:** [Feed the People Food Pantry](https://www.feedthepantries.org/)



King's Pantry

Fairfield/Bridgeport/Stratford Residents

Hours of Operation:

Monday-Thursday from 11 a.m. - 1:30 p.m.

- **Important Information:**

Call for more details: 203-335-9255

Location: 30 Florence Street, Bridgeport,
CT 06607



Salvation Army

Fairfield/Bridgeport/Stratford Residents

Locations:

- 30 Elm Street, Bridgeport, CT, 06604

Hours:

- **Monday, Wednesday & Friday** from 10:15 a.m. to 12:45 p.m.

Contact Information(Call to schedule):

- **Appointment only, must call** 203-334-0995
- Must bring a valid ID
- **Website:** [Salvation Army](https://www.salvationarmyusa.org)



St. John's Episcopal Church

Fairfield/Bridgeport/Stratford Residents

Locations:

- 768 Fairfield Avenue, Bridgeport, CT 06604

Schedule:

- 2nd & 4th Saturday from 9 a.m. to 12 p.m.

Soup Kitchen:

- Tuesday from 5 p.m. to 6 p.m.

Contact Information:

- Call to schedule: 203-335-2999



The Bishop Jean Williams Food Pantry

Fairfield/Bridgeport/Stratford Residents

Location:

- 4 Worth Street, Bridgeport, CT 06604

Schedule:

- Tuesday from 10 a.m. to 2 p.m.
- Wednesday from 12 p.m. to 4 p.m.
- Thursday from 1 p.m. to 6 p.m.

Important:

- Everyone must complete a brief intake prior to shopping. Please call 203-873-0260 or complete the [form online](#) and someone will contact you by phone.

Contact Information:

Appointments are required and can be made by calling 203-873-0260.



Thomas Merton Family Center

Fairfield/Bridgeport/Stratford Residents

Location:

- 43 Madison Avenue, Bridgeport, CT, 06604

Schedule:

- Every other Wednesday starting 4/22 10 a.m. to 11 a.m.

Soup Kitchen: Monday - Friday

Breakfast from 9 a.m. to 10 a.m.

Lunch from 11 a.m. to 12 p.m.

Contact Information:

- **Call or ask your case manager to schedule:**
203-367-9036
- **Website:** [Thomas Merton House](#)



nOURish Center Inc.

Fairfield/Bridgeport/Stratford Residents

Location:

- 2200 North Ave, Bridgeport, CT 06604 (Brick Building — Enter on North Ave only — one way street)

Schedule:

Food Pantry and Diaper Bank:

- Wednesday from 2 p.m. to 6 p.m.
- Thursday from 10 a.m. to 2 p.m.

Soup Kitchen:

Thursday 4:30 p.m. to 5:30 p.m.

Contact Information:

- Call or ask your case manager to schedule:
203-335-3107
- Website: [nOURish Bridgeport Inc.](http://nOURishBridgeportInc.com)



Cesar Batalla Family Resource Center

Fairfield/Bridgeport/Stratford Residents

Location:

- 606 Howard Avenue, Bridgeport, CT, 06605

Schedule:

Food Distribution:

- **Mondays and Tuesdays time changes;
call or email**

Contact Information:

- **Call or Email to be enrolled:**
(203) 579-8526 or ktorres@bridgeportedu.net

(203) 579-8526 or vgaray@bridgeportedu.net

- **Website: [Cesar Batalla Family Resource Center](#)**



Clothing Resources

Bridgeport Rescue Mission

Bridgeport Residents

**This location provides Regular Clothes
Winter Coats.**

Dates:

- **October 18, from 10am - 12pm (regular clothes)**
- **November 8, from 11am - 2pm (coats, jackets, gloves)**
- **Location:** 1088 Fairfield Avenue, Bridgeport, CT 06605
- **Contact:** (203) 333-4087



Cesar Batalla Family Resource Center

Bridgeport Residents

Location:

- 606 Howard Avenue, Bridgeport, CT, 06605

Schedule:

Clothing Community Closet:

- Clothing community Closet:
Monday - Friday 9:00 AM-3:00 PM

Contact Information:

- Call or Email to be enrolled:

(203) 579-8526 or ktorres@bridgeportedu.net

(203) 579-8526 or vgaray@bridgeportedu.net

• Website: [Cesar Batalla Family Resource Center](#)



Daughters Of Charity Of The Most Precious Blood Rescue Mission

Fairfield/Bridgeport/Stratford Residents

This location provides general clothing and used furniture bank for Bridgeport area families in a crisis situation. Baby supplies and even cribs may be offered too.

- **Location:** 1490 North Avenue, Bridgeport, CT 06604
- **Contact:** (203) 334-7000



Jewish Community Center Of Bridgeport - Community Closet

Fairfield/Bridgeport/Stratford Residents

This location provides free clothing for children, men, women and other basic needs.

- **Location:** 475 Clinton Avenue, FSW, Bridgeport, CT 06605
- **Contact:** (203) 368-5624



Mount Aery Baptist Church Clothing Closet

Fairfield/Bridgeport/Stratford Residents

This location provides free clothing for children, men, women and other basic needs.

Schedule:

Every Friday from 10 am - 12 pm

- **Location:** 72 George Street, Bridgeport, CT 06604
- **Contact:** (203) 368-5624 or Sis. Christine White
203.373.0735
- **Website:** [Mount Aery Baptist Church Clothing Closet](#)



Digital Literacy

The Bridgeport Public Library - all 6 locations

Fairfield/Bridgeport/Stratford Residents

This location provides free online learning resource created to build computer and online skills.

Services:

- Digital literacy skill building
- Work readiness programs
- Access to career training
- Basic literacy programs for adults and families
- **Main Location:** 925 Broad St., Bridgeport, CT 06604
- **Contact:** 203-576-7400
- **Intake Form:** [Digital Navigator Intake Form](#)
- **Website:** [Bridgeport Public Library](#)

